

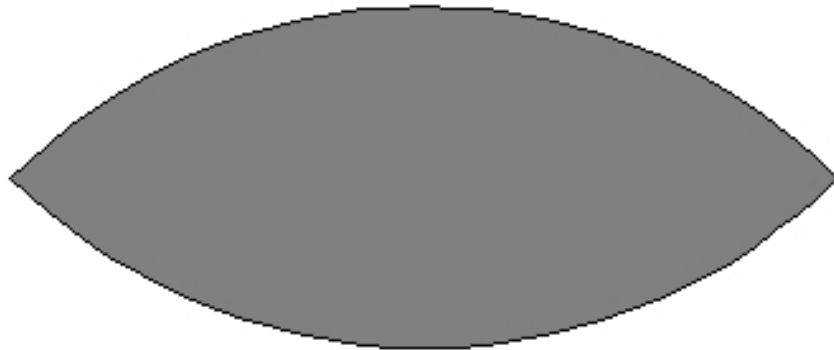
## Pacific Table Mats

Finished Mat Size: 15 1/2in x 10 1/2in



### Fabric requirements

- Six, 9 1/2in x 11in rectangles black fabric for centre panel
- Twelve, 3 3/4in x 11in rectangles border fabric (if your fabric is 44in wide, cut three, 3 3/4in strips and cross cut twelve, 11in rectangles)
- Six, 16in x 11in rectangles backing fabric
- 24 x leaf shapes from fused fabric for appliqué



### Other requirements

- Six, 17in x 12in rectangles of batting
- Neutral cotton thread for piecing
- Coordinating thread(s) for appliqué and for machine-quilting around the edge
- Small piece of template plastic or cardboard
- Fusible webbing & pencil for drawing on fusible webbing
- Small, sharp scissors for cutting fusible webbing
- Chalk pencil for marking appliqué placement
- General sewing supplies including rotary cutter and mat
- Sewing machine with 1/4in foot, open-toed embroidery foot, and walking foot

### Leaf Preparation

Trace leaf template onto the template plastic using a fine permanent marking pen. Cut the shape out accurately along the drawn line. Using a pencil, trace 24 leaf shapes onto the paper side of the fusible webbing, leaving at least 1/4in of paper beyond the pencil line.

Following the manufacturer's instructions, iron the fusible webbing shapes to wrong side of the leaf fabric. Using small, sharp, scissors, cut out the shapes on the pencil line.

### Centre Panel

Finger press each centre panel into quarters and mark a cross in the centre using a chalk pencil (Diagram 1). Fuse four leaf shapes to each centre panel using the cross as a guide.

Pin a centre panel to the middle of a 17in x 12in piece of batting (Diagram 2) and then machine appliqué through all layers using blanket stitch or a small zig zag. By starting in a corner and stitching in 4 half-circle arcs, it is possible to appliqué each panel with a single line of stitching (Diagram 3).

Diagram 1: Applique Placement Guide

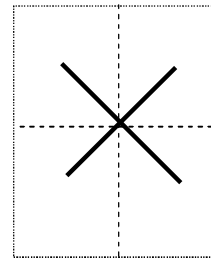


Diagram 2: Centre Panel on Batting

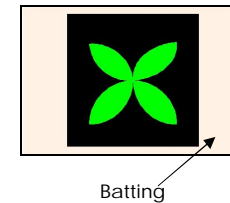
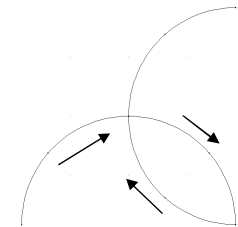


Diagram 3: Applique Stitching Guide



### Side Borders

Pin one border rectangle wrong side up on top of the right hand side of the centre panel lining up raw edges (Diagram 4).

Using a 1/4in seam and a walking foot, stitch along the edge through all layers. (This gives a slightly quilted effect and means the table mats can be easily washed without losing their shape.) Flip open and press flat. Repeat this step for other side.

### Backing

Pin the backing fabric wrong side up on the top of the placemat lining up raw edges. Using a 1/4in seam and a walking foot, stitch around the edge through all layers leaving a 4in gap (Diagram 5).

Using a rotary cutter, trim around the outside of the placemat to remove excess batting ensuring that the placemat is a 15 1/2in x 10 1/2in rectangle.

Turn the placemat right side out. Gently poke out the corners and the seams. Press the placemat and hand sew or fuse the gap. Using a 1/2in seam and a walking foot, quilt around the perimeter of the placemat to hold all the layers together.

Diagram 4

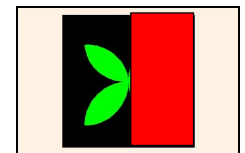


Diagram 5



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